

References: 1. EMC, electronic medicines compendium. Lemsip Max Cold & Flu Lemon. Updated March 2025. Accessed June 2025. Available at <https://www.medicines.org.uk/emc/product/5612/smpc> 2. EMC, electronic medicines compendium. Lemsip Max Cold & Flu Capsules. Updated March 2025. Accessed June 2025. Available at <https://www.medicines.org.uk/emc/product/5617/smpc>.

LEMSIP MAX COLD & FLU LEMON: Each powder sachet contains Paracetamol 1000mg, Phenylephrine Hydrochloride 12.2mg.

Indications: For relief of the symptoms of colds and influenza, including the relief of aches and pains, sore throat, headache, nasal congestion and lowering of temperature. **Legal Category:** GSL. **MA Holder:** Reckitt Benckiser Healthcare (UK) Ltd, Hull, HU8 7DS. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/5612/smpc>

LEMSIP MAX COLD & FLU CAPSULES: Each capsule contains Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg.

Indications: For the relief of symptoms associated with the common cold and influenza, including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion, and lowering of temperature. **Legal Category:** GSL. **MA Holder:** Reckitt Benckiser Healthcare (UK) Ltd, Hull, HU8 7DS. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/5617/smpc>

Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard, or search for the MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345

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